

**Alyss Thomas Psychotherapy and Coaching  
Privacy Notice for my Clients**

**I will ask you to sign a copy of this form when we begin work together**

In accordance with new Government guidelines on data usage and storage - the General Data Protection Regulation (GDPR) - I require your consent to hold and process any information about you.

I collect, store and process information about you to enable me to run my psychotherapy practice and to provide an ethical service to you. This information can include your address and contact details as well as other personal information. I collect this information under Legitimate Interests for the purposes of healthcare, as per GDPR regulations.

All information that I collect and store about you is anonymised, and stored behind lock and key. I will keep this information for up to 7 years following the date of our last session, as per my Insurer's Terms and Conditions, after which it will be securely deleted.

I may use this information to track the progress of our work together or as the basis for discussion in supervision for reflection and guidance. Your contact details may also be passed on to my appointed Therapeutic Executor so that you are informed should anything happen to me that prevents me from attending a session and from communicating with you directly - such as illness or death.

I am registered as a Data Controller with the Information Commissioners Office (ICO). Further information about the ICO, the GDPR and your rights as a client with regards to information held about you can be found here: <https://ico.org.uk/for-the-public/>

I \_\_\_\_\_ have read and understand this privacy notice and give my consent for information about me to be stored and used in this way (please tick here) [ ]

Signed: \_\_\_\_\_

Date: \_\_\_\_\_